

## Seizure protocol

If a child has a seizure, the following steps must be taken:

- 1. One member of staff:
  - a. Make sure that the child is safe by moving away tables, chairs and toys
  - b. Cushion the head
  - c. Move the child into recovery position on his side as soon as possible without forcing him
  - d. Stay with the child and reassure them
  - e. Do not give anything to eat or drink
  - f. Do not put anything in his mouth



- 2. One member of staff:
  - a. Move the other children in the class away if possible to the hall or gym.
- 3. One member of staff:
  - a. Note the time the seizure started.
  - b. Get child's emergency file (Classroom/office)
  - c. If seizure lasts 2 minutes:
    - i. Call 112.
    - ii. (For Oliver, tell the ambulance that we have Diazepam in school)
    - iii. (For Rufus, tell the ambulance that he has haemophilia and has Prophylaxis in school (fridge in washroom))
    - iv. Follow instructions of ambulance service.
    - v. Open door/wait on street for ambulance
    - vi. Call parents while waiting
  - d. If seizure lasts less than 2 minutes:
    - i. Call the parents
    - ii. Move the child to a safe place to rest
    - iii. Continue to supervise and reassure the child
- 4. A report of the incident must be made
- 5. Relevant people should sign the report, including the Director.
- 6. The incident report should be put in the child's file

More information at: https://www.epilepsy.org.uk/info/firstaid

