



## Allergy protocol

An allergic reaction may look like this:

- Hives, spots, rash
- Itchy or puffy eyes
- Shortness of breath
- Swelling of lips, tongue

If a child has an allergic reaction, the following steps must be taken:

1. If the reaction is mild:
  - a. Note the time and what may have caused the reaction
  - b. If the reaction is to something the child touched, rinse well
  - c. Call the parents
  - d. (For Oliver, administer Aeries medication if parents ask you to do this – in 1<sup>st</sup> aid cupboard)
  - e. Advise parents to seek medical attention
2. If the reaction continues to develop or is severe
  - a. Get the child's emergency information pack from classroom/office
  - b. Call 112
  - c. Explain the circumstances (what happened and when)
    - i. (For Oliver and Lola, tell the ambulance that we have EpiPen in school – in staff room first aid cupboard)
    - ii. Follow instructions of ambulance service
    - iii. Administer EpiPen if instructed to do so
    - iv. Open door/wait on street for ambulance
    - v. Call parents while waiting
  - d. Keep child sitting up and slightly bent forward to help breathing if he is conscious
  - e. Lie child in recovery position if he becomes unconscious



3. A report of the incident must be made
4. Relevant people should sign the report, including the Director.
5. The incident report should be put in the child's file

More information at: <http://www.sja.org.uk/sja/first-aid-advice/illnesses-and-conditions/allergic-reactions.aspx>